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| MRS. ANDREWS’S ADVISORY GROUP |
| { EXAM SURVIVAL GUIDE} |
| [scheduling, studying, practicing, organizing, etc] |
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| **First Semeseter** |
| **1/1/2011** |

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| This is my little present to you as a way to help you get organized and plan for your exams! Best of luck, Mrs. A. |

**Study Day** is Tuesday December 13th from 8am-12pm. Do not come to school if you have no plans to see a teacher to get help. It is not a social time!

Study Day Schedule:

* 1st period 8:00-8:48
* 2nd period 8:48-9:36
* 3rd/6th period 9:36-10:24
* 4th period 10:34-11:12
* 5th period 11:12-12:00

Study Tips:

* ASK YOUR TEACHERS QUESTIONS IF YOU HAVE THEM!
* Review your old tests and understand what you missed.
* Review all key vocabulary
* If your teacher gave you a study guide, ***USE IT***!!!!!!!
* Uninterrupted study time is very important—no cell phones, TV, music! (Yes, this is possible!)
* Vary “where” you study so that your brain does not associate the information with the place you studied
* Associate vocabulary words, names, places, with something already familiar to you. Your brain can remember better if it attaches information to something already known
* Make your own tests or have someone in your family quiz you
* Don’t OVER-Study! It’s okay to take breaks.

**EXAMS** Please review the exam schedule below:

***Middle School Semester Exam Schedule***

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|  | 7TH GRADE | 8TH GRADE |
| Wednesday,  December 14 | (3rd/6th pd.) 9:00 – 10:00 a.m.  (4th pd.) 10:30 a.m. – 11:30 a.m. | (3rd/6th pd.) 8:00 – 10:00 a.m.  (4th pd.) 10:30 a.m. – 12:30 p.m. |
| Thursday,  December 15 | (1st pd.) 9:00 – 10:00 a.m. | (1st pd.) 8:00 – 10:00 a.m. |
| Friday,  December 16 | (5th pd.) 9:00 – 10:00 a.m.  (2nd pd) 10:30 a.m. – 11:30 p.m. | (5th pd.) 8:00 – 10:00 a.m.  (2nd pd.) 10:30 a.m. – 12:30p.m. |

***Be sure to arrive at school at least ten minutes before your exams! Give yourself time to review and de-stress—being late will only make you feel more rushed.***

Test taking tips:

* + know the difference between recognition and recall and study for each
  + Multiple choice—Read ALL of the answers, eliminate the wrong ones and then choose the best.
  + Eat a good breakfast and go to bed early during exam week. The lunchroom will be open for the purchase of snacks in between exams!

On this sheet, I have outlined the next week. Please do not feel as though you have to study 24/7. This is simply to help you organize your plans – whether you are studying during that time or not.

**MY STUDY STRATEGIES FOR THE FOLLOWING:**

**FRIDAY NIGHT:**

**SATURDAY MORNING:**

**SATURDAY DURING THE DAY:**

**SATURDAY EVENING:**

**SUNDAY MORNING:**

**SUNDAY AFTERNOON:**

**SUNDAY EVENING:**

**MONDAY EVENING:**

**TUESDAY:**

**I need to attend:**

* 1st period 8:00-8:48

CLASS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* 2nd period 8:48-9:36
* CLASS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* 3rd/6th period 9:36-10:24
* CLASS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* 4th period 10:34-11:12
* CLASS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* 5th period 11:12-12:00

After lunch on Tuesday, I will focus on my hardest subject (\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_). Take a break before dinner and relax! Go to bed a little early and eat a good breakfast for your exams on Wednesday!

Wednesday, I have my \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ exam first, then \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ exam second. Wednesday evening, review for your Thursday exam and get a good night’s sleep!

Thursday, I have the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ exam. Thursday evening, review your Friday exams and get a good night’s rest!

Friday, I have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ exam first and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ exam second. After the exams, go home and enjoy your break! ☺